

Register Now For The

Go Red For Women Heart and Brain Health Symposium

Join us to learn how to live a longer and healthier life! Distinguished speakers will share their tips and discuss how YOU can be a better YOU. [Register now!](#)

*Past,
Present, and
Future*



[Register Online Now >>](#)

Date & Time

Thursday, May 21, 2015
7:30AM – 1:30PM

Venue

Time Warner Center
1 Time Warner Center
10th Floor
New York, NY 10019

The **Go Red For Women's Heart and Brain Health Symposium** is a half day event that will provide you with important lifesaving information about heart disease and stroke, and the steps you can take to help reduce your risk factors for the leading cause of death in women – cardiovascular disease.

[Access Agenda Here](#)

For more information please contact:
Jennifer Perez
NYCGoRed@heart.org

Speakers and Panels Include

Keynote Speaker:

- ♥ Pamela Peeke, MD, MPH, FACP, Author, *The Hunger Fix: The 3 Stage Detox and Recovery Plan for Overeating and Food Addiction*, and WebMD's lifestyle expert

Nutrition:

- ♥ Sylvia Melendez-Klinger, MS, RDN, LDN, CPT, President, Hispanic Food Communications, Inc.

Integrative Medicine:

- ♥ Suzanne R. Steinbaum, DO, FACC Director of Women and Heart Disease Heart and Vascular Institute, Lenox Hill Hospital/North Shore-LIJ Health System
- ♥ Pamela Miles, Reiki Master, Author, *REIKI: A Comprehensive Guide*
- ♥ Leslie Kaminoff, Co-Author, *Yoga Anatomy*, Founder, The Breathing Project
- ♥ Robert E. Graham, MD, MPH, ABIHM, FACP, Assistant Professor, Hofstra North Shore-LIJ School of Medicine
- ♥ Bob Roth, Executive Director, David Lynch Foundation, Director, Center for Leadership Performance, Author, *Transcendental Meditation*

OB/GYN:

- ♥ Ricki Pollycove, MD, MS, FACOG, Author, *The Pocket Guide to Bioidentical Hormones and Mother Nurture*
- ♥ Mary Rosser, MD, PhD. Montefiore Medical Center

Stroke:

- ♥ Carolyn Brockington, MD, Director, Stroke Center, Department of Neurology, Mount Sinai St. Luke's Roosevelt Hospital

Heart Health:

- ♥ Nicholas Thomas Skipitaris, MD, Assistant Professor, Hofstra North Shore-LIJ School of Medicine

Make it your personal mission to serve as a health ambassador to help improve the heart-health of your family, friends and neighbors throughout the city of New York and beyond.

Tickets are \$75.00 and can be purchased by visiting

<https://goredsymposium.ahaevents.org/>. Your registration includes access to the event, opportunity to meet speakers and network and a take-away lunch.

Note: tickets will not be mailed. Your name will be on the registration list at Time Warner Center.